

2017 COMMUNITY CENTER ADULT FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HEALTHY BONES 10:00 – 11:00 HEALTHY BONES 11:30 – 12:30	LOW IMPACT AEROBICS 9:30 – 10:30 ZUMBA 6:00PM – 7:00PM	CARDIO, CORE & MORE 9:00 – 10:00 HEALTHY BONES 10:00 – 11:00 YOGA 5:00PM – 6:00PM	TAI-CHI 10:30 – 11:30 ZUMBA 6:00PM – 7:00PM	HEALTHY BONES 10:00 – 11:00
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Eatontown Fitness Class Schedule

**Note: \$5.00 Per class
For Yoga & Zumba
Other Classes free to
Eatontown Residents
\$5.00 per class Non-Residents**

To register for classes:

**Eatontown Recreation
47 Broad St.
Eatontown NJ 07724
732-389-7607**

**Registration and Waiver
Form required participate**

**Eatontownrecreation.com
Fax: 732-389-7670**

If class must be cancelled, separate notice will be posted