## **Eatontown Adult Center**

Located at 72 Broad Street, Eatontown NJ

Phone: 732-389-7666 / Email: adultprograms@eatontownnj.com



Did you know the Eatontown Community Center offers Eatontown resident adults daily, year round activities? Our program offers fitness classes, hobby related clubs, as well as monthly trips. The Eatontown Adult Center is a great way to meet new people and stay active in your community. Joining is completely FREE! A lot of our programs are free as well.

# **Adult Center Happenings:**

## **Weekly Schedule:**

Coffee, tea, and light refreshments provided daily

Monday - Trips

Tuesday- Knitting & Crocheting 9:30am-1:30pm

Wednesday- Trips

Thursday- Weekly events (see monthly schedule)

Friday- Bingo 10am-1:30PM & Food Shopping 11am-1:00PM

#### Fitness:

**Zumba Fitness**- Tuesday 8:30-9:30am; Tuesday 6:00-7:00pm; Thursday 9:00-10am; Thursday 6:00-7:00PM; 8 classes for \$40 per person – receive two classes free

**Low Impact Aerobics-** Tuesday 9:30-10:30am – FREE

**Adult Yoga-** Wednesday 5:00-6:00pm and Thursdays 7:00-8:00pm (This program is seasonal-check with Eatontown Recreation for details 732-389-7607)

### Other Perks:

- -Monthly AC Trip
- -Access to computers
- -Shopping Trips
- -Seasonal Trips such as mini golf, winery tour, planetariums, lunch by the beach, etc
- -Movie days
- -Board Game Days Including Bridge, Cards, etc.
- -Birthday Luncheons

Did you know we provide FREE transportation to our facility if you are an Eatontown resident? Did you know you can get your food shopping done every Friday with our FREE transportation?

Have an idea or interested in becoming a member? Call today – 732-389 7666.